OVERALL KEY FINDINGS

Among panel women, contraceptive use increased by 5 percentage points between 2019 and 2021.

Adolescents, women not in a union, and those without children were the most likely to remain non-users of contraceptives between 2020 and 2021.

Among women not using FP in 2020, those who intended to use FP were more likely to be using by 2021, compared to those who did not intend to use.

SECTION 1: OVERALL CONTRACEPTIVE DYNAMICS

CHANGE IN CONTRACEPTIVE USE OR NON-USE

Percent of women age 15-49 who changed contraceptive use status between PMA Phase 1 (December 2019), PMA Phase 2 (December 2020), and PMA Phase 3 (December 2021) (n=535)

The ribbons of the Sankey represent the flow of women from one contraceptive use status to another among panel women who completed all three PMA Phases. The left side of the Sankey shows the flow between Phase 1 and Phase 2, and the right side between Phase 2 and Phase 3. The color of each ribbon represents the contraceptive use status at the initial Phase of the two Phases (e.g., a grey ribbon flowing from Phase 2 to Phase 3 represents women who were pregnant at Phase 2). The N on each ribbon is the weighted number of women who went from the contraceptive use status at the initial Phase to the use status at the next Phase. The width of the ribbon is proportional to the number of women represented.
KEY FINDINGS FOR SECTION 1: OVERALL CONTRACEPTIVE DYNAMICS

- Contraceptive use increased from 33% in 2019 to 38% in 2021.
- There were small changes in the proportion of women using long-acting methods while short-acting method use increased from 16% in 2019 to 21% in 2021.
- The percentage of women not using declined from 67% to 62% between 2019 and 2021, and the percentage using short-acting methods increased from 16% to 21%.
SECTION 2: CONTRACEPTIVE DYNAMICS BY KEY MEASURES

CHANGE IN CONTRACEPTIVE USE STATUS, BY AGE

Percent of women age 15-49 who engaged in one of the following contraceptive use behaviors between PMA Phase 2 (December 2020) and PMA Phase 3 (December 2021), by age

![Bar chart showing change in contraceptive use status by age, with percentage distributions for continued use, stopped use, started use, continued non-use, and changed methods for 15-19 (n=175), 20-24 (n=110), 25-49 (n=453), and total (n=738).]

CHANGE IN CONTRACEPTIVE USE STATUS, BY EDUCATION LEVEL

Percent of women age 15-49 who engaged in one of the following contraceptive use behaviors between PMA Phase 2 (December 2020) and PMA Phase 3 (December 2021), by education level

![Bar chart showing change in contraceptive use status by education level, with percentage distributions for continued use, stopped use, started use, continued non-use, and changed methods for None/primary (n=513), Secondary (n=177), Tertiary (n=48), and total (n=738).]
The majority of adolescents remained non-users between 2020 and 2021. Adolescents, women not in a union, and those without children were the most likely to remain non-users of contraceptives between 2020 and 2021. About 72% of women not in a union and 81% of those without children remained non-users between 2020 and 2021.
SECTION 3: OTHER PANEL DYNAMICS

METHOD DISCONTINUATION
Among women 15-49 with unmet need at Phase 3, the percentage that stopped using a contraceptive method or became pregnant since Phase 2 (n=88)

- Stopped
- Continued non-use
- Became pregnant

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Stopped</th>
<th>Continued non-use</th>
<th>Became pregnant</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>32</td>
<td>59</td>
<td>9</td>
</tr>
</tbody>
</table>

UNMET NEED FOR FAMILY PLANNING
Percent of women age 15-49 who were not using an FP method at Phase 2 and who adopted an FP method between Phase 2 and Phase 3, by their unmet need status at Phase 2 (n=440)

- Adopted a method between Phase 2 and Phase 3
- Continued non-user at Phase 3

<table>
<thead>
<tr>
<th>Unmet need at Phase 2</th>
<th>Adopted a method</th>
<th>Continued non-user</th>
</tr>
</thead>
<tbody>
<tr>
<td>No unmet need at Phase 2</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>14</td>
<td>86</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Unmet need at Phase 2</th>
<th>Adopted a method</th>
<th>Continued non-user</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes, intends to use FP at Phase 2</td>
<td>39</td>
<td>61</td>
</tr>
<tr>
<td>No, does not intend to use FP at Phase 2</td>
<td>15</td>
<td>85</td>
</tr>
</tbody>
</table>

KEY FINDINGS FOR SECTION 3: OTHER PANEL DYNAMICS
- Among women with unmet need in 2021, 32% topped using a method between 2020 and 2021 and 9% had experienced a pregnancy.
- Among women not using a method in 2020, 39% of those who reported an intention to use in the future adopted a method within 12 months.
- Among women with unmet need in 2020, 34% adopted a method by 2021.

SUMMARY TABLE

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Completed Phase 1</th>
<th>Completed Phase 2</th>
<th>Completed Phase 3</th>
<th>Completed Phase 2 and Phase 3</th>
<th>Completed All Three Phases</th>
</tr>
</thead>
<tbody>
<tr>
<td>Enrolled at Phase 1</td>
<td>845</td>
<td>835</td>
<td>630</td>
<td>593</td>
<td>543</td>
<td>538</td>
</tr>
<tr>
<td>Enrolled at Phase 2</td>
<td>269</td>
<td>N/A</td>
<td>265</td>
<td>197</td>
<td>195</td>
<td>N/A</td>
</tr>
<tr>
<td>Total Panel Women</td>
<td>1,114*</td>
<td>835</td>
<td>895</td>
<td>790</td>
<td>738</td>
<td>538</td>
</tr>
</tbody>
</table>

*Inclusive of de jure women, and women who have since aged out of the study

PMA Kenya (Kilifi) collects data on knowledge, practice, and coverage of family planning services in 25 enumeration areas selected using a multi-stage stratified cluster design with urban-rural strata. The PMA panel survey was conducted in Kilifi among 1032 women from Phase 1 and/or Phase 2 who consented to follow-up and aged 15-49y at Phase 3; 73.9% of women were enrolled in the panel survey at Phase 1 between November and December 2019, and 26.1% of women were enrolled in the panel survey at Phase 2 between November and December 2020. Of the 1032 eligible, 21.9% were not reached for follow-up. Of those reached, 796 (77.1% of the eligible female respondents) completed the Phase 3 survey, for a response rate of 99.5% among contacted women. Survey results presented in this brief are among de facto women who completed the female panel surveys at each Phase. Survey results in section 1 of this brief are representative of the Phase 1 population. Estimates depicted in sections 2 and 3 are representative of the Phase 2 population. Sociodemographic data used for indicator disaggregation were collected at Phase 2. For sampling information and full data sets, visit www.pmadata.org/countries/kenya.

Percentages presented in this brief have been rounded and may not add up to 100%.

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