

PMA KENYA (BUNGOMA)

Results from Phase 3 cross-sectional survey

November-December 2021

OVERALL KEY FINDINGS



Overall, there was a decline of 4 percentage points in the modern contraceptive prevalence rate from 2019 to 2021.

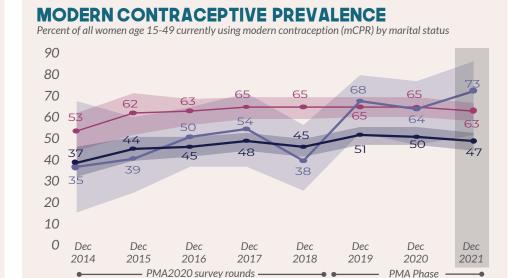


Women continue to report high levels of unintended pregnancies, at 48% in 2021.



More than one in five facilities had stockouts of implants on the day of the interview in 2021.

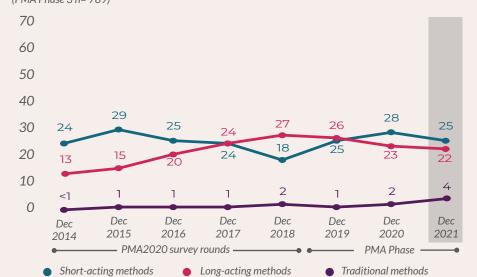
SECTION 1: CONTRACEPTIVE USE, DYNAMICS, AND DEMAND



- Married women (PMA Phase 3 n=451)
- Unmarried, sexually active women (PMA Phase 3 n=55)
- All women (PMA Phase 3 n=789)

CONTRACEPTIVE PREVALENCE BY METHOD TYPE

Percent of all women age 15-49 currently using contraception by method type (PMA Phase 3 n= 789)













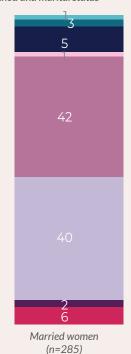




TRENDS IN MODERN CONTRACEPTIVE MIX Percent distribution of all women age 15-49 using modern contraceptive methods by method and year (PMA Phase 3 n=377) 32 29 28 12 6 9 6 8 6 6 6 5 5 5 3

MODERN CONTRACEPTIVE METHOD MIX

Percent distribution of modern contraceptive users age 15-49 by method and marital status



- Key for method mix charts:
- Other modern methods
- Emergency contraception
- Male condom
- Pill
- Injectable (SC)
- Injectable (IM)
- Implant
- IUD
- Female sterilization

"Other modern methods" include male sterilization, standard days/cycle beads, LAM, female condoms, and diaphragm.

METHOD USE, UNMET NEED, AND DEMAND SATISFIED BY A **MODERN METHOD**

Dec

2019

Dec

2020

PMA Phase

Dec

2021

Percent of all women age 15-49 using contraception by method type, unmet need, and demand satisfied by a modern method (PMA Phase 3 n=789)

 ± 2

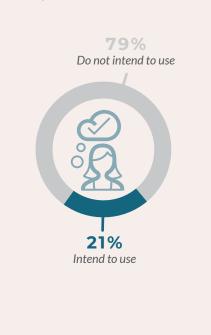
Dec

2018



INTENTION TO USE **CONTRACEPTION IN** THE NEXT YEAR

Percent of all women age 15-49 who are not currently using contraception but intend to use contraception in the next 12 months (n=341)



Dec

2014

Dec

2015

Dec

2016

- PMA2020 survey rounds

Dec

2017

INTENTION OF MOST RECENT **BIRTH/CURRENT PREGNANCY** Percent of women by intention of their most recent birth or current pregnancy (n=320) 40% Wanted later 48% 8% Intended of pregnancies Wanted no more children were unintended

KEY FINDINGS FOR SECTION 1: CONTRACEPTIVE USE, **DYNAMICS, AND DEMAND**

- Among all women and married women, there is a 10-percentage point increase in use of modern contraception from 2014 to 2021.
- The proportion of women using implants doubled from 20% in 2014 to 40% in 2021.
- 48% of the most recent pregnancies were unintended, with 40% being mistimed and 8% not wanted at all.

SECTION 2: CONTRACEPTIVE USER COUNSELING AND OUTREACH

METHOD INFORMATION INDEX PLUS (MII+)

received?

Percent of women who were told about side effects, what to do about side effects, of other methods, and the possibility of switching methods (n=372)

When you obtained your method were you 74 told by the provider about side effects or problems you might have? Were you told what to do if you experienced 94 side effects or problems? Were you told by the provider about

77

Were you told that you could switch to a different method in the future?

methods of FP other than the method you

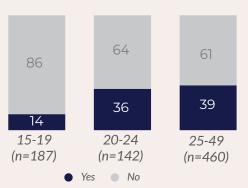
82

Percent of women who responded "Yes" to all four MII+ auestions answered "No" to answered "Yes" to all four MII+ at least one MII+ question questions

Only women who said they were told about possible side effects were asked whether they were told about what to do in the event of side effects.

DISCUSSED FP IN THE PAST YEAR WITH PROVIDER/CHW

Percent of women who received FP information from a provider or community health worker (CHW), by age



KEY FINDINGS FOR SECTION 2: COUNSELING AND OUTREACH

- About 63% of the women reported that they received comprehensive contraceptive counseling when accessing FP services.
- About 74% of current users of modern contraceptive methods were informed about potential side effects when they received the method.
- Only 14% of adolescents reported that they had discussed family planning with a health care provider or community health worker in the past year compared to older women, 25-49 years, at 39%.



PARTNER INVOLVEMENT IN FP DECISIONS

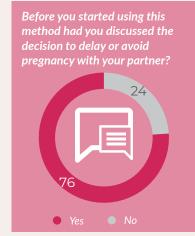
Percent of women who are currently using modern, female controlled methods and agree with the following statement, by age and education (n=282)





Modern, female controlled methods includes all modern methods except male sterilization and male condoms

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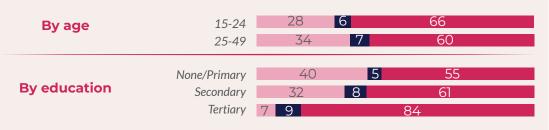


By age	15-24	24	76
	25-49	24	76
By education	None/Primary	28	72
	Secondary	24	76
	Tertiary	4	96

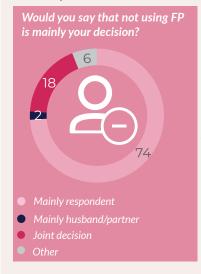
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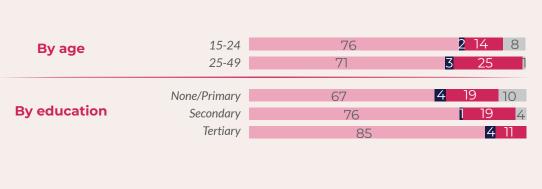
Percent of women who are currently using FP and agree with the following statement, by age and education (n=321)





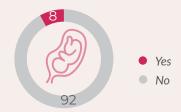
Percent of women who are not currently using FP and agree with the following statement, by age and education (n=345)





PREGNANCY COERCION

Percent of currently married women who report that their partner tried to force or pressure them to become pregnant in the past 12 months (n=451)



Percent of currently married women who report that their partner said he would leave them if they did not get pregnant in the past 12 months (n=451)



Percent of currently married women who report that their partner made them feel badly for wanting to use an FP method to delay or prevent pregnancy in the past 12 months (n=451)



Percent of currently married women who report that their partner took away their FP method or kept them from a clinic in the past 12 months (n=451)



KEY FINDINGS FOR SECTION 3: PARTNER DYNAMICS

- Among women using a female-controlled modern contraceptive method, 87% reported that their partners were aware of the contraceptive method that they were using.
- Among current contraceptive users, 24% of women reported that they had not discussed the decision to delay or avoid pregnancy with their partners before they started using their current method.
- Among women not currently using FP, 74% reported that the decision not to use FP was their decision, while only 18% reported that not using FP is a joint decision.



SECTION 4: SERVICE DELIVERY POINTS

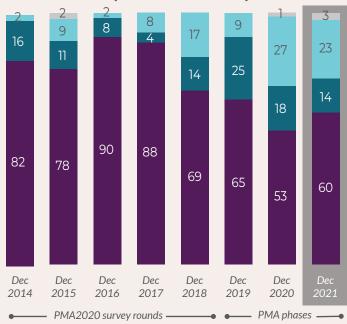
TRENDS IN METHOD AVAILABILITY: IUD

Public facilities (PMA Phase 3 n=73)



TRENDS IN METHOD AVAILABILITY: **IMPLANT**

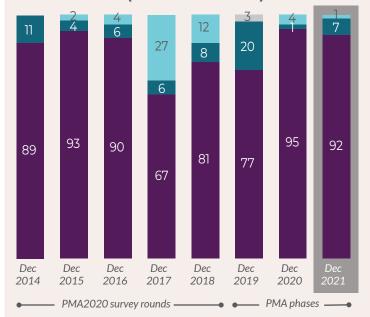
Public facilities (PMA Phase 3 n=73)



🌒 Currently in stock and no stockout in last 3 months 🌑 Currently in stock but stockout in last 3 months 🔎 Currently out of stock 🔎 Not offered

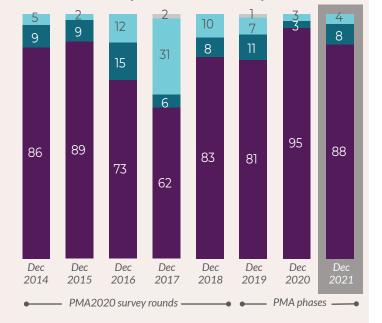
TRENDS IN METHOD AVAILABILITY: **INJECTABLES**

Public facilities (PMA Phase 3 n=73)



TRENDS IN METHOD AVAILABILITY: PILLS

Public facilities (PMA Phase 3 n=73)



Currently in stock and no stockout in last 3 months
Currently in stock but stockout in last 3 months
Currently out of stock
Not offered

TRENDS IN METHOD AVAILABILITY: MALE CONDOMS

Public facilities (PMA Phase 3 n=73)



- Currently in stock and no stockout in last 3 months
- Currently in stock but stockout in last 3 months
- Currently out of stock
- Not offered

MAIN REASON FOR EPISODES OF STOCKOUT OF ANY METHOD

Public facilities (n=61 episodes)

66%

Ordered but did not receive shipment

0

13%

Did not place order for shipment

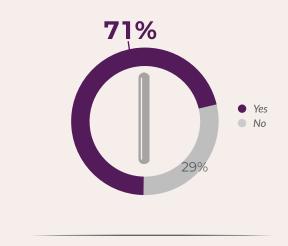
Possible answers were "Did not place order for shipment", "Ordered but did not receive shipment", "Did not order the right quantities", "Ordered but did not receive the right quantities", "Unexpected increase in consumption", "Stock out due to COVID-19 disruption", and "Other."

84%

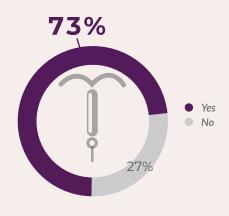
of women obtained their current modern method from a public health facility (n=372)

FACILITY READINESS

Percent of facilities that provide implants and have a trained provider and instruments/supplies needed for implant insertion/removal (n=73)



Percent of facilities that provide IUDs and have a trained provider and instruments/supplies needed for IUD insertion/removal (n=55)



KEY FINDINGS FOR SECTION 4: SERVICE DELIVERY POINTS

- While almost all methods were available during the day of the interview, stockouts for implants were the highest at 23%.
- Over 70% of the facilities offering IUDs and 71% of those offering implants had a trained provider and instruments/supplies needed for insertion and removal.
- Among episodes of stockouts at public facilities, 66% were due to not receiving the shipment after placing an order, while 13% resulted from not placing an order for shipment.



TABLES: CONTRACEPTIVE PREVALENCE AND UNMET NEED

ALL WOMEN				CPR				mCPR				Unmet need for family planning			
Data source	Round/ Phase	Data collection	Female sample	CPR%	SE	95%	CI	mCPR% SE		95% CI		Unmet need (%)	SE	95% CI	
PMA 2020	R2	Nov-Dec 2014	559	37.51	3.51	30.31	45.31	37.13	3.46	30.04	44.81	23.69	3.82	16.48	32.81
PMA 2020	R4	Nov-Dec 2015	611	44.63	2.83	38.64	50.78	43.69	2.73	37.92	49.63	18.02	3.77	11.31	27.49
PMA 2020	R5	Nov-Dec 2016	578	45.50	2.35	40.45	50.65	44.87	2.29	39.94	49.89	16.73	2.05	12.73	21.67
PMA 2020	R6	Nov-Dec 2017	589	48.51	2.03	44.12	52.93	47.70	2.07	43.24	52.21	12.53	1.87	9.01	17.18
PMA 2020	R7	Nov-Dec 2018	579	46.04	2.06	41.60	50.54	44.47	2.02	40.12	48.90	13.13	1.02	11.06	15.52
PMA	Phase 1	Nov-Dec 2019	822	51.75	2.16	47.29	56.19	50.54	2.24	45.91	55.15	10.81	1.33	8.36	13.87
PMA	Phase 2	Nov-Dec 2020	786	52.12	2.22	47.54	56.67	50.03	2.22	45.46	54.60	11.76	1.18	9.53	14.43
PMA	Phase 3	Nov-Dec 2021	789	51.36	2.20	46.82	55.88	47.65	2.20	43.13	52.21	11.51	1.50	8.76	14.98

WOMEN IN UNION				CPR				mCPR				Unmet need for family planning			
Data source	Round/ Phase	Data collection	Female sample	CPR%	SE	95%	CI	mCPR% SE 95% CI		Unmet need (%)	SE	95% CI			
PMA 2020	R2	Nov-Dec 2014	343	52.91	4.62	43.03	62.58	52.46	4.68	42.46	62.27	29.78	3.92	22.09	38.81
PMA 2020	R4	Nov-Dec 2015	367	63.96	5.19	52.29	74.19	62.41	5.02	51.21	72.43	19.69	4.72	11.51	31.60
PMA 2020	R5	Nov-Dec 2016	346	63.75	3.28	56.39	70.52	62.72	3.17	55.62	69.30	19.09	2.72	13.87	25.68
PMA 2020	R6	Nov-Dec 2017	355	65.56	2.54	59.86	70.85	64.75	2.40	59.39	69.77	14.40	2.23	10.21	19.93
PMA 2020	R7	Nov-Dec 2018	339	67.06	3.03	60.19	73.27	64.58	2.56	58.84	69.93	13.90	1.43	11.07	17.30
PMA	Phase 1	Nov-Dec 2019	503	67.06	2.40	61.93	71.82	65.10	2.35	60.12	69.78	14.35	1.64	11.28	18.08
PMA	Phase 2	Nov-Dec 2020	477	68.54	2.42	63.34	73.32	65.40	2.50	60.07	70.36	13.23	1.46	10.50	16.55
PMA	Phase 3	Nov-Dec 2021	451	67.68	1.83	63.79	71.34	62.74	2.30	57.88	67.35	15.80	2.06	12.00	20.53

PMA Kenya (Bungoma) collects information on knowledge, practice, and coverage of family planning services in 25 enumeration areas selected using a multi-stage stratified cluster design with urban-rural strata. The results are county-level representative. Data were collected between November and December 2021 from 809 households (98.39% response rate), 799 females age 15-49 (98.75% response rate), 88 facilities (90.7% completion rate). For sampling information and full data sets, visit www.pmadata.org/countries/kenya.

Percentages presented in this brief have been rounded and may not add up to 100%.

PMA uses mobile technology and female resident data collectors to support rapid-turnaround surveys to monitor key family planning and health indicators in Africa and Asia. PMA Kenya is led by the Ministry of Health in collaboration with International Centre for Reproductive Health Kenya (ICRHK), National Council for Population and Development, and Kenya National Bureau of Statistics. Overall direction and support are provided by the Bill & Melinda Gates Institute for Population and Reproductive Health at The Johns Hopkins University and Jhpiego. Funding is provided by the Bill & Melinda Gates Foundation.

