

# How to make the Contraceptive Calendar Work for You: An Introduction to Using PMA data



BILL & MELINDA GATES INSTITUTE for  
POPULATION and REPRODUCTIVE HEALTH



# Agenda

- Overview of PMA
- IPUMS's role
- Introduction to contraceptive calendars
- How to re-format the string calendar data
- Run the model exercise
  - Two breakout rooms: one for R, one for Stata
  - Self-select which breakout room you'd like to be in
- Q&A
- Conclusion

# Performance Monitoring for Action (PMA) Overview

# KEY ACHIEVEMENTS UNDER PMA AND PMA2020

2013



PLATFORM  
LAUNCHED

71

ROUNDS OF  
DATA  
COLLECTION  
COMPLETED



SURVEYS IN  
11  
COUNTRIES  
IN AFRICA  
AND ASIA

6

NEW  
SURVEY  
MODULES



2019



PHASE 2  
LAUNCHED

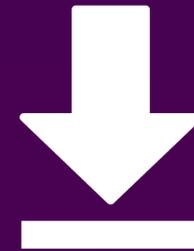
3,000+

LOCAL DATA  
COLLECTORS  
TRAINED



750,000+

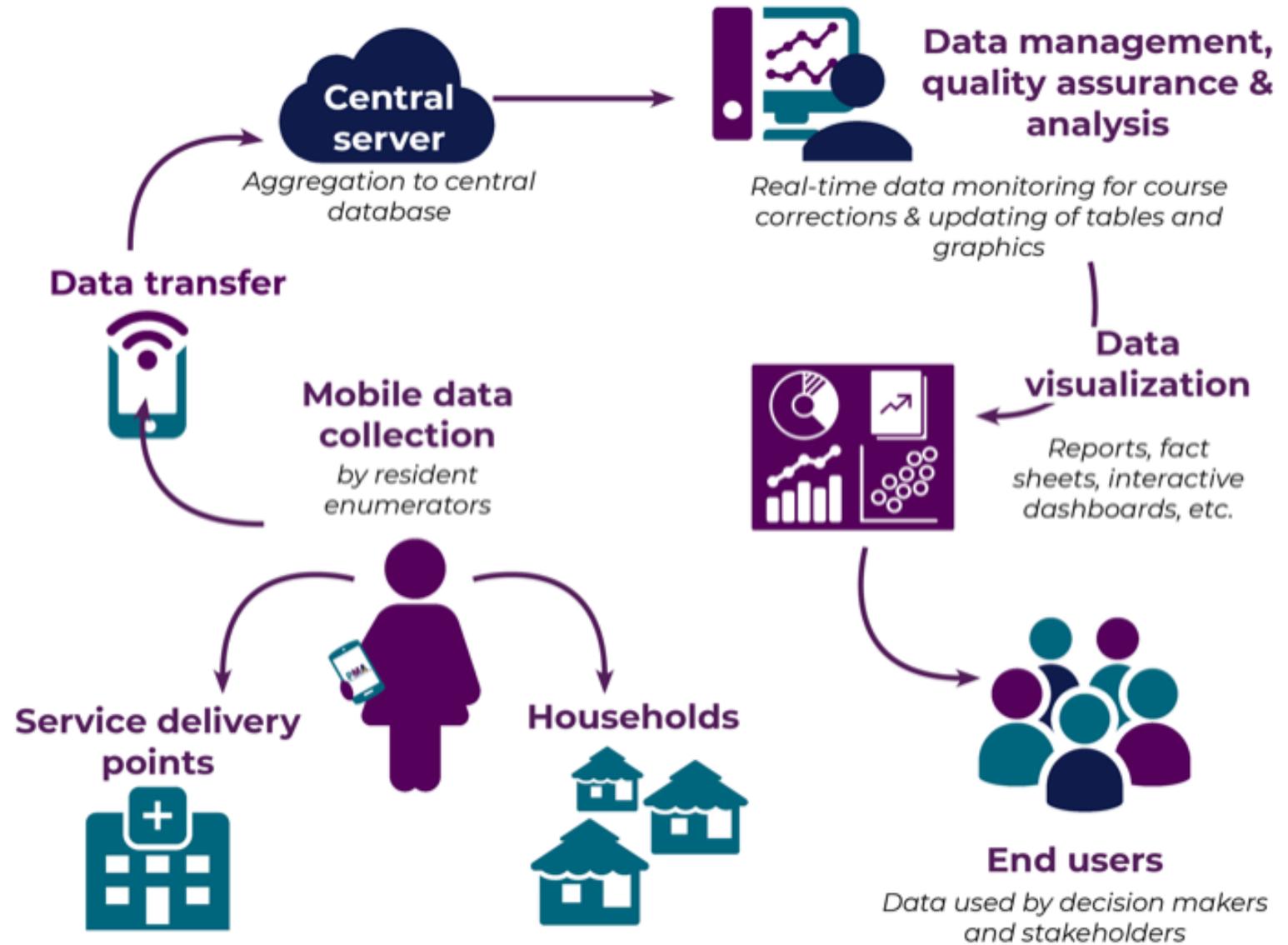
INTERVIEWS CONDUCTED



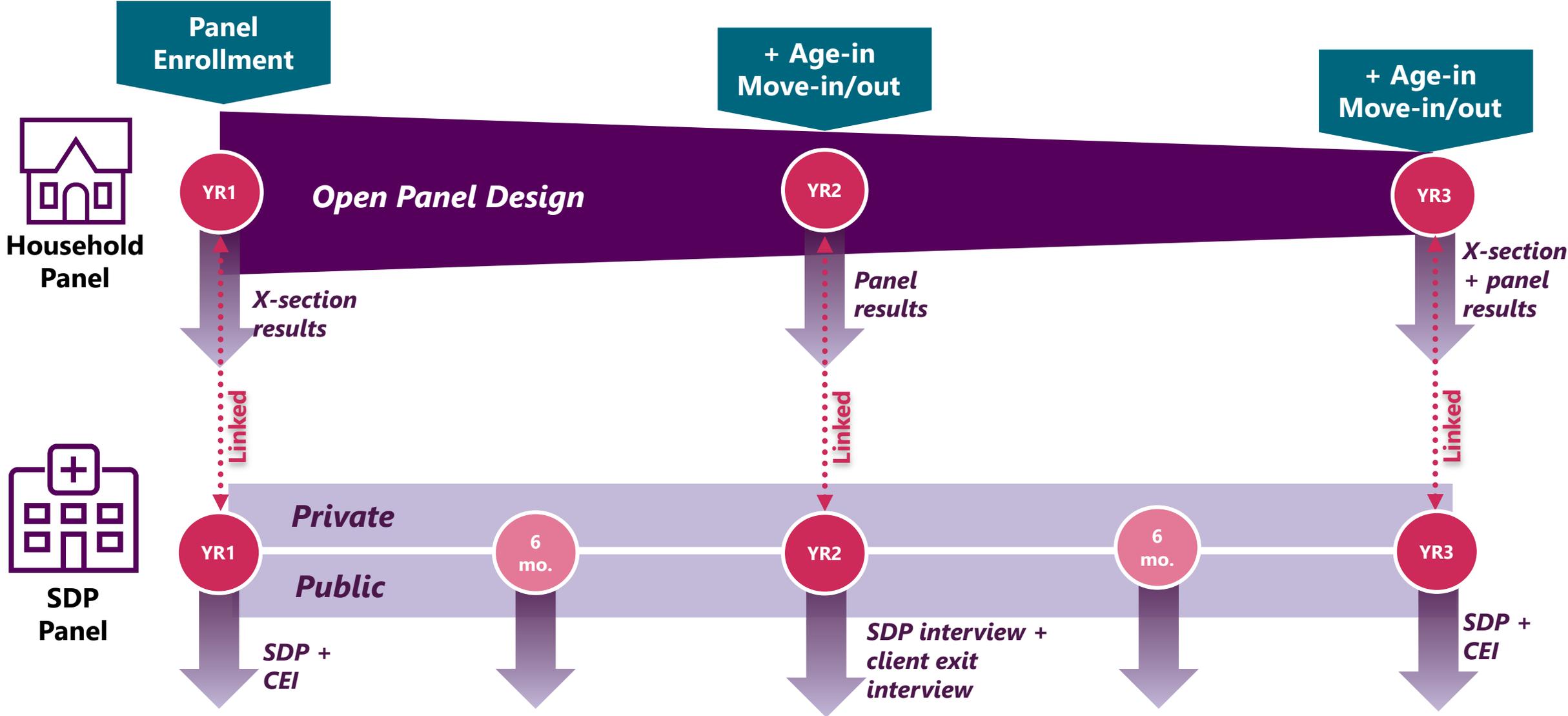
13,500+

DATASETS  
DOWNLOADED

# How PMA Works



# PMA adds Panel Feature to Cross-Section



# Where We Work

## Countries/Partners

<b>DR Congo</b>	University of Kinshasa
<b>Uganda</b>	Makerere University
<b>Kenya</b>	International Centre for Reproductive Health
<b>Nigeria</b>	CRERD
<b>Burkina Faso</b>	ISSP/University of Ouagadougou
<b>Niger</b>	National Statistical Institute (INS)
<b>India</b>	Indian Institute of Health Management Research
<b>Côte d'Ivoire</b>	ENSEA
<b>Ethiopia*</b>	Addis Ababa University School of Public Health

\* Under a separate grant

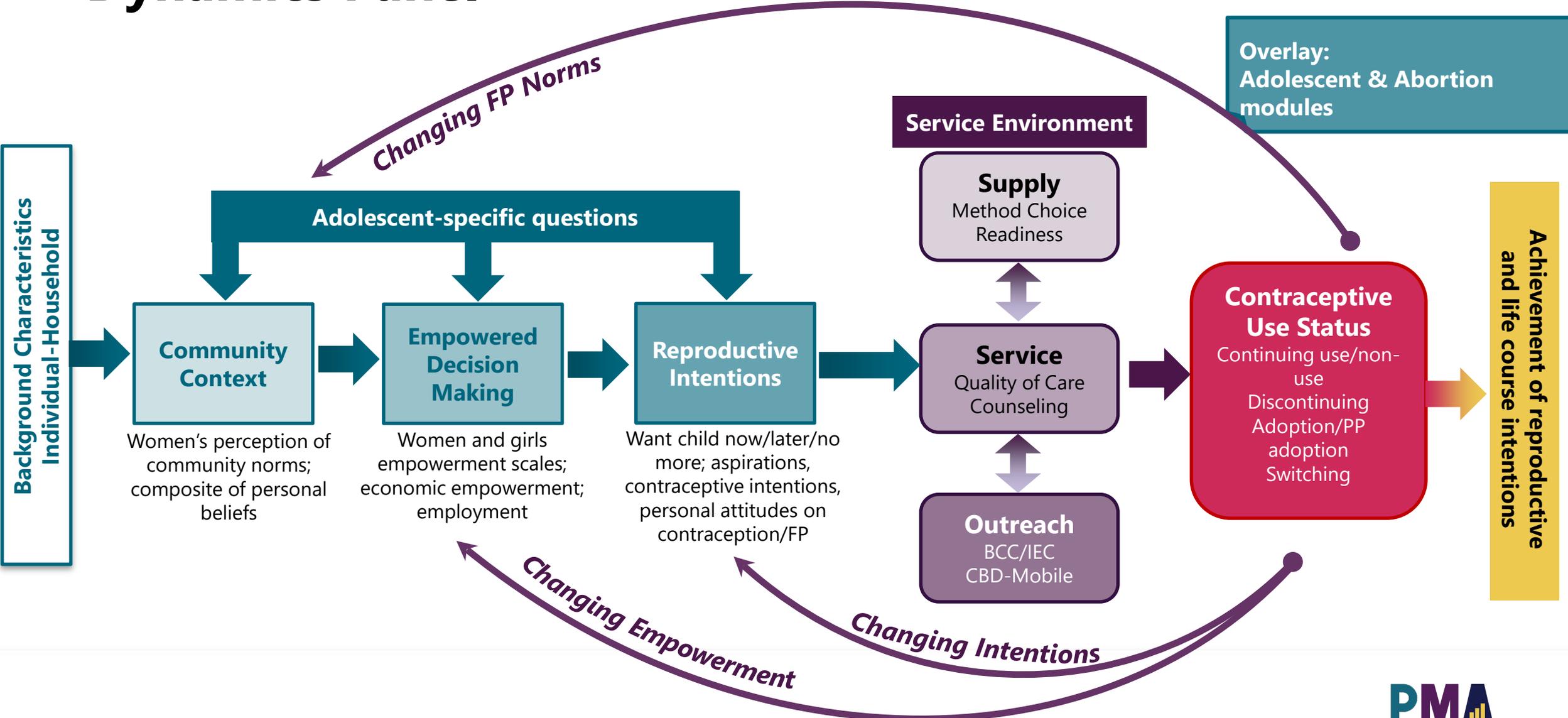


# What is PMA Ethiopia?

PMA Ethiopia is a five-year project implemented in collaboration with Addis Ababa University, Johns Hopkins University, and the Federal Ministry of Health.

- Nationally representative survey measuring key Reproductive, maternal and newborn health (RMNH) indicators including:
  - Antenatal, delivery, and postnatal care
  - Vaccination attitudes and coverage
  - Modern contraceptive prevalence
  - Reproductive empowerment, fertility intention, and community norms
  - Health facility readiness and quality of care

# Conceptual Framework for PMA Contraceptive Dynamics Panel



# New Content since PMA2020

- Women and girls empowerment migration
- **2 year contraceptive calendar (!!)**
- Personal attitudes and community norms
- Adolescent/early adulthood questions
- Client exit interview

# IPUMS: WHAT WE DO

# What is IPUMS?

IPUMS provides census and survey data from around the world integrated across time and space. IPUMS integration and documentation makes it easy to study change, conduct comparative research, merge information across data types, and analyze individuals within family and community context. Data and services available free of charge.



U.S. Census and American Community Survey microdata from 1850 to the present.

[VISIT SITE](#)



Current Population Survey microdata including basic monthly surveys and supplements from 1962 to the present.

[VISIT SITE](#)



Census microdata covering 82 countries from 1960 to the present. [IPUMS NAPP](#) offers microdata from the 19th and early 20th centuries.

[VISIT SITE](#)



Health survey data for Africa and Asia, including harmonized data collections for [DHS](#) and [PMA2020](#).

[VISIT SITES](#)



Tabular U.S. Census data and GIS boundary files from 1790 to the present.

[VISIT SITE](#)



Integrated data on population and the environment from 1960 to the present.

[VISIT SITE](#)



Historical and contemporary time use data from 1965 to the present.

[VISIT SITES](#)



Historical and contemporary U.S. health survey data from [NHIS](#) (1963-present) and [MEPS](#) (1996-present).

[VISIT SITES](#)



Survey data on the science and engineering workforce in the U.S. from 1993 to the present.

[VISIT SITE](#)

# IPUMS PMA

- Harmonize codes and variable names
- Document variables
- Disseminate custom data files in multiple formats
- Adds calculated fields



## IPUMS PMA

ABOUT

PMA PROJECT [↗](#)

REGISTER

DONATE TO IPUMS [↗](#)

## DATA

BROWSE AND SELECT DATA

DOWNLOAD OR REVISE MY DATA

## SUPPLEMENTAL DATA

GEOGRAPHY & GIS

## DOCUMENTATION

## MONITORING KEY FAMILY-PLANNING INDICATORS

IPUMS PMA harmonizes the Performance Monitoring for Action (PMA) data series (it was formerly known as Performance Monitoring and Accountability 2020 - PMA2020). It provides an interactive web dissemination system for PMA data with variable documentation on thousands of harmonized variables on family planning, water and sanitation, and health. PMA is fielded by the Bill & Melinda Gates Foundation and Johns Hopkins University using streamlined and high-frequency data collection in 11 FP2020 pledging countries.

**11 COUNTRIES .. OVER 100 SAMPLES .. OVER 2000 VARIABLES .. OVER 1 MILLION RECORDS**



# IPUMS PMA

## PERFORMANCE MONITORING FOR ACTION

HOME | SELECT DATA | MY DATA | SUPPORT

DATA CART  
YOUR DATA EXTRACT

0 VARIABLES  
0 SAMPLES

CURRENTLY BROWSING: "FAMILY PLANNING - PERSON"

[CHANGE](#)

SELECT  
SAMPLES

SELECT VARIABLES

TOPICS

A-Z

SEARCH



DISPLAY  
OPTIONS

[HELP](#)

[COUNTRY ABBREVIATIONS](#)

Select **samples** and **variables** to build a data extract.

# DATA ANALYSIS HUB

April 15, 2021  
Matt Gunther

## FORMATTING MIGRATION RECALL DATA FOR LONGITUDINAL ANALYSIS

MIGRATION

DATA DISCOVERY

DATA MANIPULATION

PIVOT\_LONGER

REGEX

Use `tidyr::pivot_longer` to reshape wide data into a long format.



April 2, 2021  
Matt Gunther

## UNMET NEED FOR FAMILY PLANNING AFTER INTERNAL MIGRATION

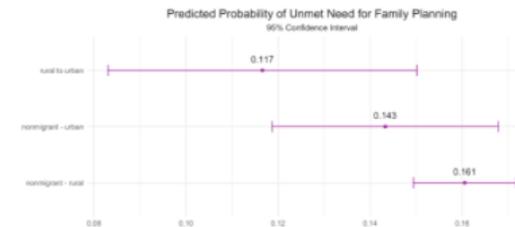
MIGRATION

PMA PUBLICATIONS

SVYGLM

BOOTSTRAPS

Summary and source code from a recent article using



### CATEGORIES

Articles (11)

across (1)

bootstraps (1)

Data Analysis (1)

Data Discovery (3)

Data Manipulation (5)

dotwhisker (1)

Importing Data (1)

Individuals in Context (6)

ipumsr (1)

join (2)

Mapping (1)

Migration (2)

New Data (1)

`pivot_longer` (2)

PMA Publications (1)

# An Introduction to Contraceptive Calendars

# Background

# History of event/reproductive calendars

First use of a calendar in reproductive health field  
US National Fertility Survey, 1965

DHS started to incorporate calendar 1980s, most countries now include a 5-year calendar

			COL 1	COL 2	COL 3	COL 4
<b>INSTRUCTIONS:</b> ONLY ONE CODE SHOULD APPEAR IN ANY BOX. COLUMN 1 REQUIRES A CODE EVERY MONTH.  <b>CODES FOR EACH COLUMN:</b>  <b>COLUMN 1: BIRTHS, PREGNANCIES, CONTRACEPTIVE USE</b> B BIRTHS P PREGNANCIES T TERMINATIONS 0 NO METHOD  1 FEMALE STERILIZATION 2 MALE STERILIZATION 3 RUTLAND 4 IUD 5 INJECTABLES 6 ILL 7 EMERGENCY CONTRACEPTION 8 MALE CONDOM 9 FEMALE CONDOM 10 DIAPHRAGM 11 FOAMJELLY 12 STD. DAYS/CYCLE HEADS 13 LAM 14 RHYTHM METHOD 15 WITHDRAWAL 16 OTHER TRADITIONAL METHODS 88 NO RESPONSE	12	DEC				
	11	NOV				
	10	OCT				
	9	SEPT				
	8	AUG				
	7	JULY				
	6	JUNE				2018
	5	MAY				
	4	APR				
	3	MAR				
	2	FEB				
	1	JAN				
<b>COLUMN 2: DISCONTINUATION OF CONTRACEPTIVE USE</b>  1 INFREQUENT SEX/HUSBAND AWAY 2 BECAME PREGNANT WHILE USING 3 WANTED TO BECOME PREGNANT 4 HUSBAND/PARTNER DISAPPROVED 5 WANTED A MORE EFFECTIVE METHOD 6 NO METHOD AVAILABLE 7 HEALTH CONCERNS 8 FEAR OF SIDE EFFECTS 9 LACK OF ACCESS/TOO FAR 10 COSTS TOO MUCH 11 INCONVENIENT TO USE 12 FATALISTIC 13 DEFLECTED TO GET PREGNANT/MEN/PAUSAL 14 INTERFERES WITH BODY'S PROCESSES 15 OTHER _____ (SPECIFY)  88 DONT KNOW 89 NO RESPONSE	12	DEC				
	11	NOV				
	10	OCT				
	9	SEPT				
	8	AUG				
	7	JULY				
	6	JUNE				2017
	5	MAY				
	4	APR				
	3	MAR				
	2	FEB				
	1	JAN				
<b>COLUMN 3: SOURCE OF CONTRACEPTION</b>  <b>PUBLIC SECTOR</b> 1 GOVT HOSPITAL 2 GOVT HEALTH CENTER 3 PUBLIC FAMILY PLANNING CLINIC 4 PUBLIC OUTREACH 5 PUBLIC FIELDWORKER/HRTH  <b>PRIVATE MEDICAL SECTOR</b> 6 PRIVATE HOSPITAL/CLINIC 7 PHARMACY 8 PRIVATE DOCTOR 9 PRIVATE OUTREACH 10 PRIVATE FIELDWORKER/HRTH 11 MATERNITY HOME  <b>OTHER SOURCE</b> 12 SOURCE 13 CHURCH 14 FRIEND/RELATIVE 15 OTHER  88 DONT KNOW 89 NO RESPONSE	12	DEC				
	11	NOV				
	10	OCT				
	9	SEPT				
	8	AUG				
	7	JULY				
	6	JUNE				2016
	5	MAY				
	4	APR				
	3	MAR				
	2	FEB				
	1	JAN				
<b>COLUMN 4: CONTRACEPTIVE DECISION-MAKING</b>  1 YOU ALONE 2 PROVIDER 3 YOUR PARTNER/HUSBAND 4 YOU AND PROVIDER 5 YOU AND PARTNER/HUSBAND 6 OTHER  88 NO RESPONSE	12	DEC				
	11	NOV				
	10	OCT				
	9	SEPT				
	8	AUG				
	7	JULY				
	6	JUNE				2015
	5	MAY				
	4	APR				
	3	MAR				
	2	FEB				
	1	JAN				
12 DEC 11 NOV 10 OCT 9 SEPT 8 AUG 7 JULY 6 JUNE 5 MAY 4 APR 3 MAR 2 FEB 1 JAN	12	DEC				
	11	NOV				
	10	OCT				
	9	SEPT				
	8	AUG				
	7	JULY				
	6	JUNE				2014
	5	MAY				
	4	APR				
	3	MAR				
	2	FEB				
	1	JAN				
12 DEC 11 NOV 10 OCT 9 SEPT 8 AUG 7 JULY 6 JUNE 5 MAY 4 APR 3 MAR 2 FEB 1 JAN	12	DEC				
	11	NOV				
	10	OCT				
	9	SEPT				
	8	AUG				
	7	JULY				
	6	JUNE				2013
	5	MAY				
	4	APR				
	3	MAR				
	2	FEB				
	1	JAN				

# PMA contraceptive calendar



- Piloted a 5-year calendar in 2017 and a 2-year calendar in 2018
- Incorporated a 2-year version into longitudinal design in 2019

# PMA contraceptive calendar



- PMA calendar is populated from questions during the survey and a drop-down menu at the end of the interview to account for women's reproductive status during each month
- Utilize a visual aid

# PMA contraceptive calendar

COL. 1			0	0	0	0	0	0	B	P	P	P	P	P	P	P	0	5	—												5					
COL. 2																	3																			
	12	11	10	9	8	7	6	5	4	3	2	1	12	11	10	9	8	7	6	5	4	3	2	1	12	11	10	9	8	7	6	5	4	3	2	1
	DEC	NOV	OCT	SEP	AUG	JUL	JUN	MAY	APR	MAR	FEB	JAN	DEC	NOV	OCT	SEP	AUG	JUL	JUN	MAY	APR	MAR	FEB	JAN	DEC	NOV	OCT	SEP	AUG	JUL	JUN	MAY	APR	MAR	FEB	JAN
	2020												2019												2018											



# What can be done with calendar data?

# Discontinuation rates

**Table 7.10 Twelve-month contraceptive discontinuation rates**

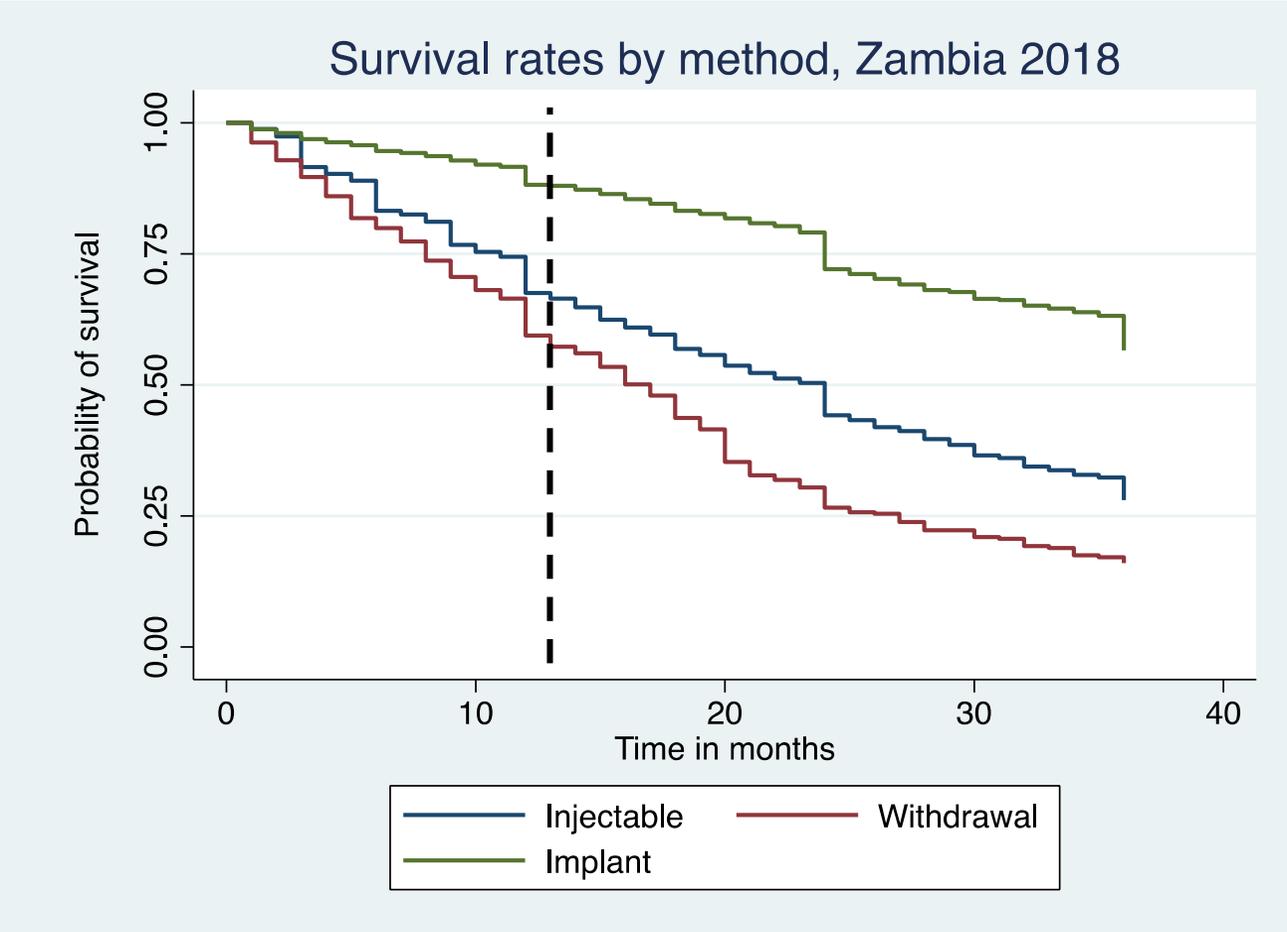
Among episodes of contraceptive use experienced within the 5 years preceding the survey, percentage of episodes discontinued within 12 months, according to reason for discontinuation and specific method, Sierra Leone DHS 2019

Method	Method failure	Desire to become pregnant	Other fertility-related reasons <sup>1</sup>	Side effects/health concerns	Wanted more effective method	Other method-related reasons <sup>2</sup>	Other reasons	Any reason <sup>3</sup>	Switched to another method <sup>4</sup>	Number of episodes of use <sup>5</sup>
Injectables	0.3	11.1	1.3	21.8	1.5	3.1	3.0	42.0	1.2	2,356
Implants	0.1	3.6	0.0	11.2	0.1	1.0	1.2	17.3	0.6	1,476
Pill	1.6	13.4	2.9	14.3	3.2	2.8	3.8	42.1	3.3	1,072
Other <sup>6</sup>	0.6	7.2	4.7	1.1	6.1	6.5	4.4	30.7	4.7	340
All methods	0.5	9.3	1.5	15.9	1.8	2.7	2.8	34.5	1.7	5,244

Note: Figures are based on life table calculations using information on episodes of use that occurred 3-62 months preceding the survey.

Source: Statistics Sierra Leone (Stats SL) and ICF. 2020. *Sierra Leone Demographic and Health Survey 2019*. Freetown, Sierra Leone, and Rockville, Maryland, USA: Stats SL and ICF.

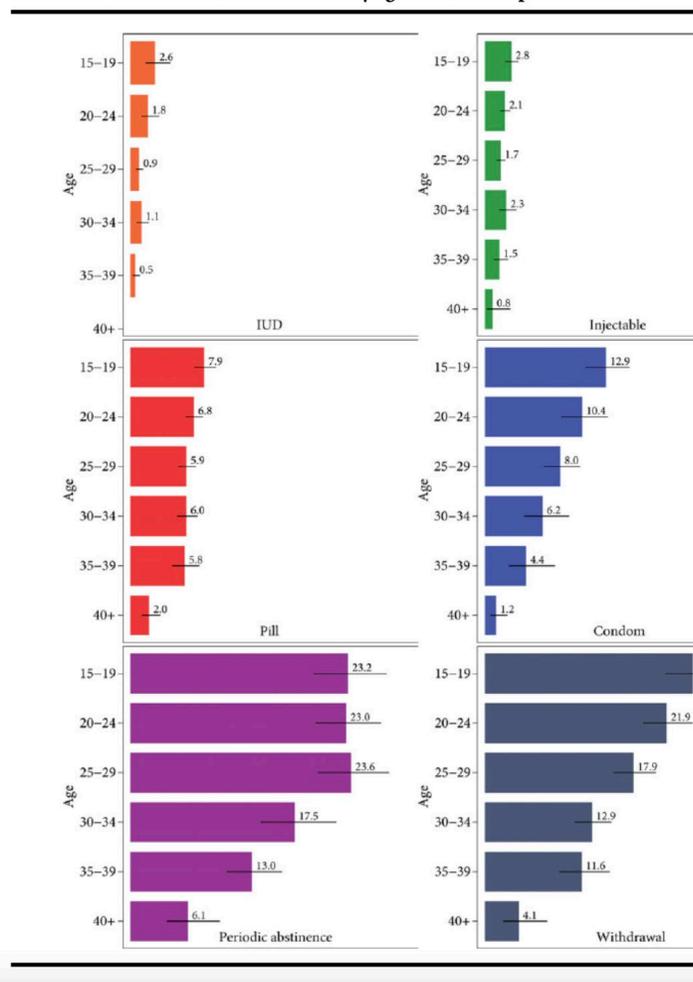
# Discontinuation rates come from survival curves



Source: DHS Zambia 2018

# Failure rates

FIGURE 2 Twelve-month failure rates by age and contraceptive method

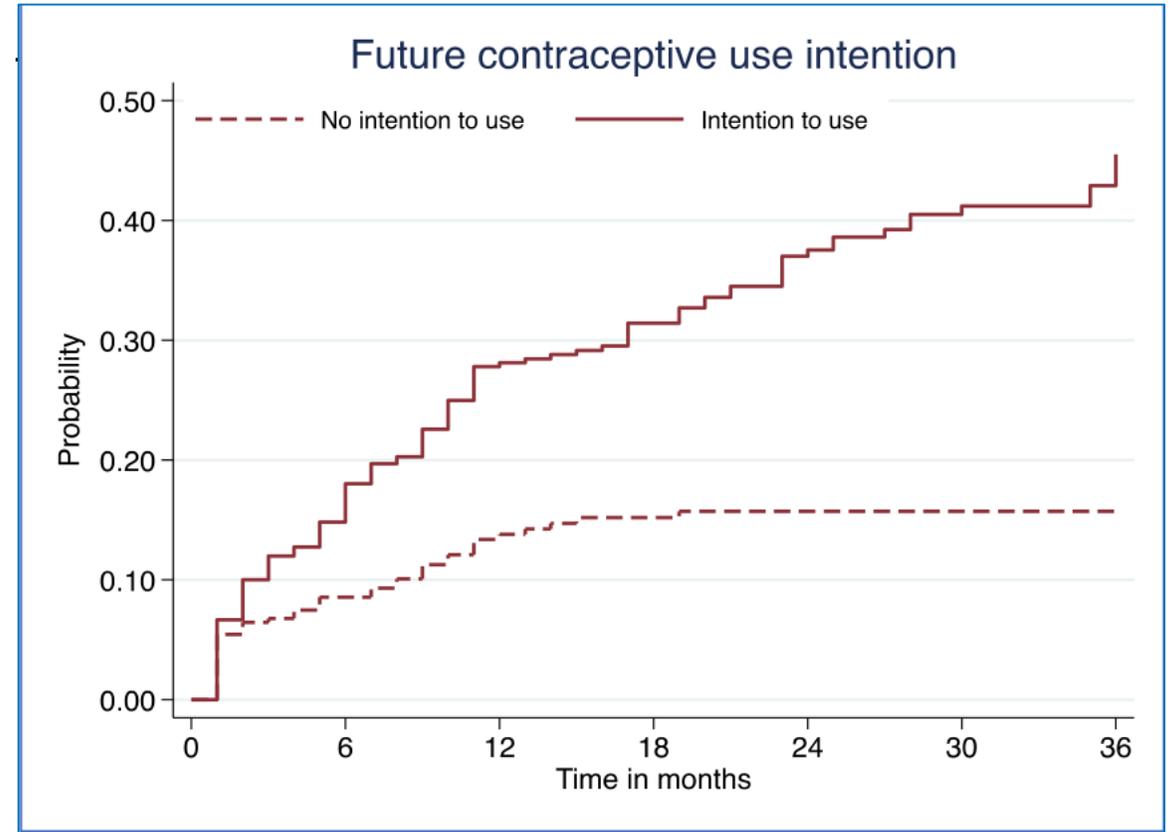
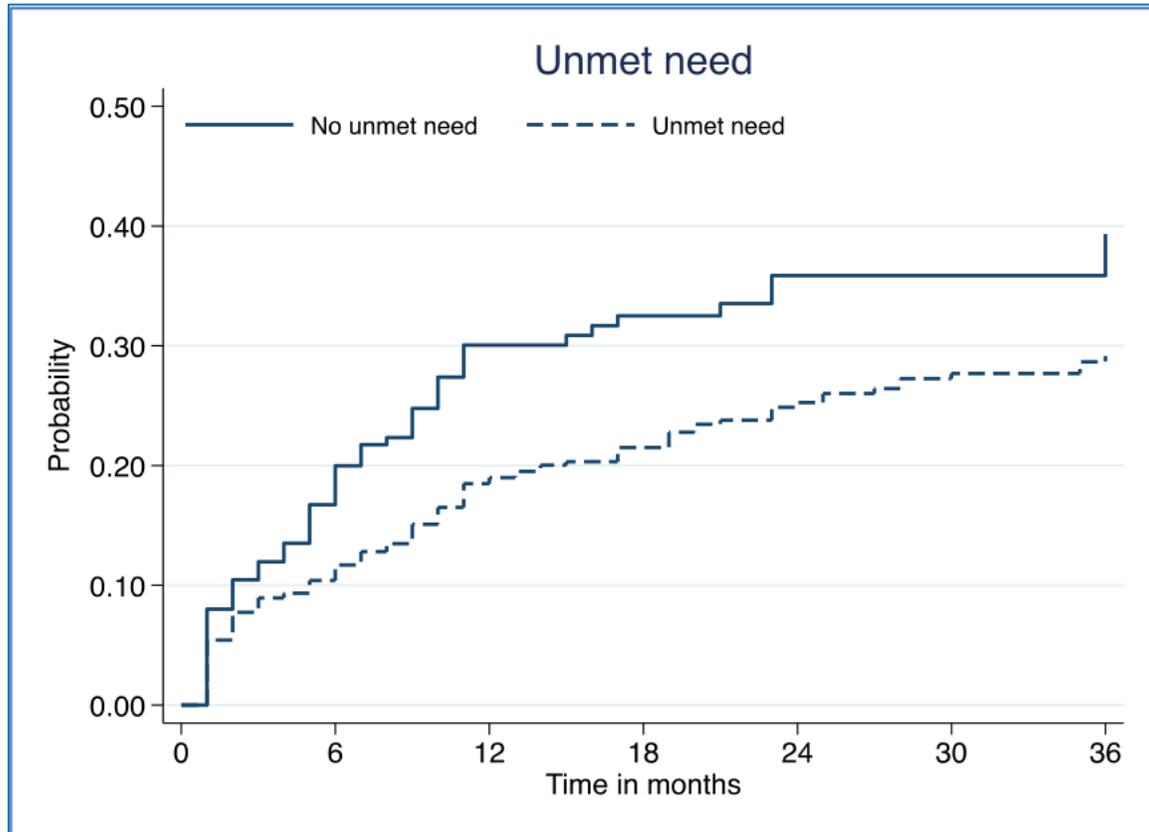


Source: Bradley, S.E., Polis, C.B., Bankole, A. and Croft, T. (2019), Global Contraceptive Failure Rates: Who Is Most at Risk?. Studies in Family Planning, 50: 3-24. <https://doi.org/10.1111/sifp.12085>

<https://www.prb.org/use-dynamics/>

# Preview: PMA Longitudinal + calendar data

# Time to adoption



Source: Sarnak D, Tsui A, Makumbi F, Kibira SPS, Ahmed S. The predictive utility of unmet need on time to contraceptive adoption: a panel study of non-contracepting Ugandan women. *Contracept X*. 2020 Mar 18;2:100022. doi: 10.1016/j.conx.2020.100022. PMID: 32550537; PMCID: PMC7286181.

# Data quality

# Aggregate level

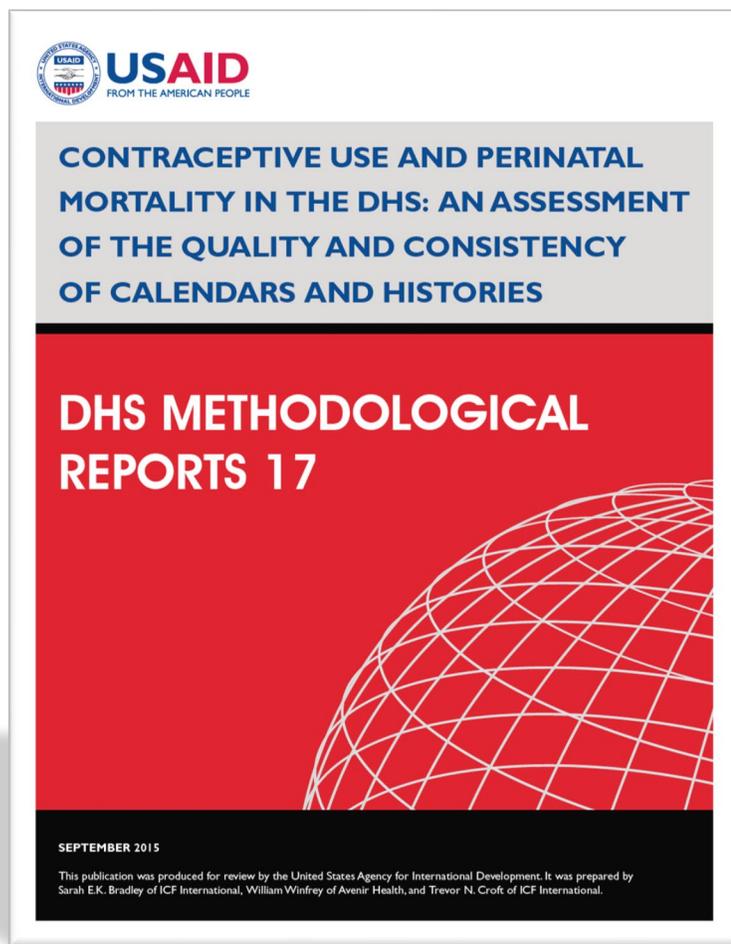
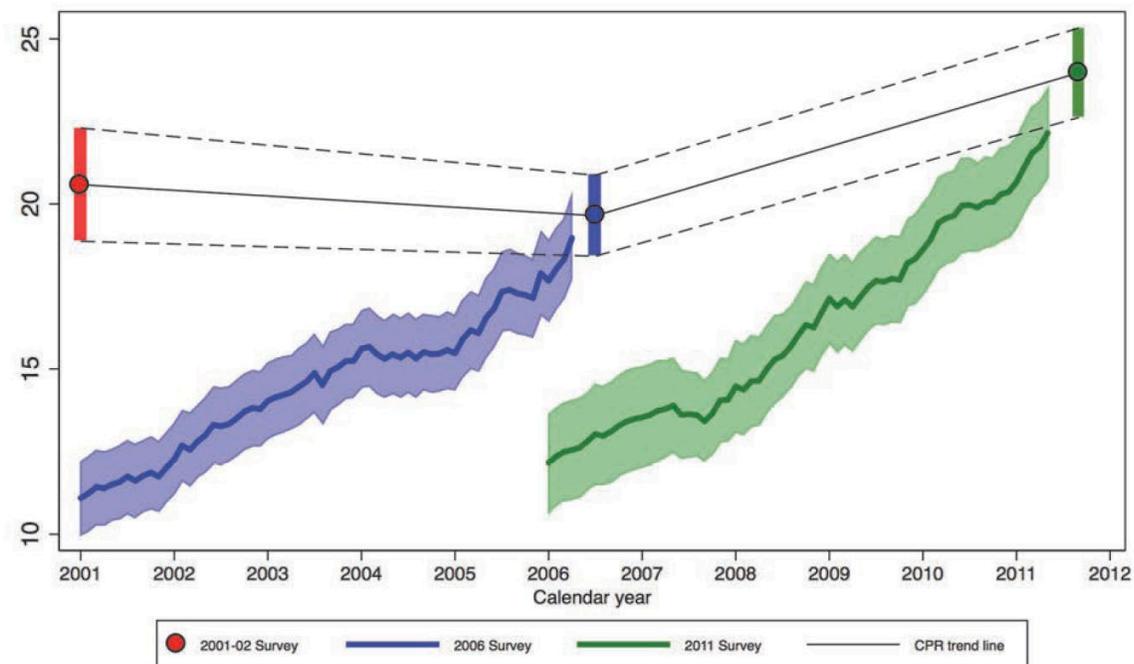


Figure 16. Total contraceptive prevalence rate among women 15-43, Uganda



# Individual level

## The Reliability of Calendar Data for Reporting Contraceptive Use: Evidence from Rural Bangladesh

Rebecca L. Callahan and Stan Becker

**Table 5** Crude and adjusted odds ratios predicting reliable reporting of contraceptive use, pregnancy, and pregnancy outcomes between report at baseline and report for the baseline interview month from the follow-up survey, Rural Bangladesh

Covariate	Odds Ratio	
	Crude	Adjusted
Age	1.00	1.04
Parity	0.84**	0.73**
Household asset index	1.02	1.02
Ever attended school	0.84	0.75
Number of methods used in lifetime		
0 (r)	1.00	1.00
1	0.86	1.11
2	0.40*	0.48*
3	0.50*	0.61
4+	0.26*	0.30*
Use of long-term method at baseline <sup>a</sup>	2.99	3.07

\*Significant at  $p \leq 0.05$ ; \*\*\* $p \leq 0.01$ .

<sup>a</sup>Long-term methods include female and male sterilization, IUD, and implants.

**Note:** Adjusted for sample design.

## The Reliability of Reporting of Contraceptive Behavior in DHS Calendar Data: Evidence from Morocco

Jennifer A. Strickler, Robert J. Magnani, H. Gilman McCann, Lisanne F. Brown, and Janet C. Rice

**Table 6** Comparison of reasons reported for contraceptive discontinuation for matched segments, 1992 and 1995 DHS, Morocco

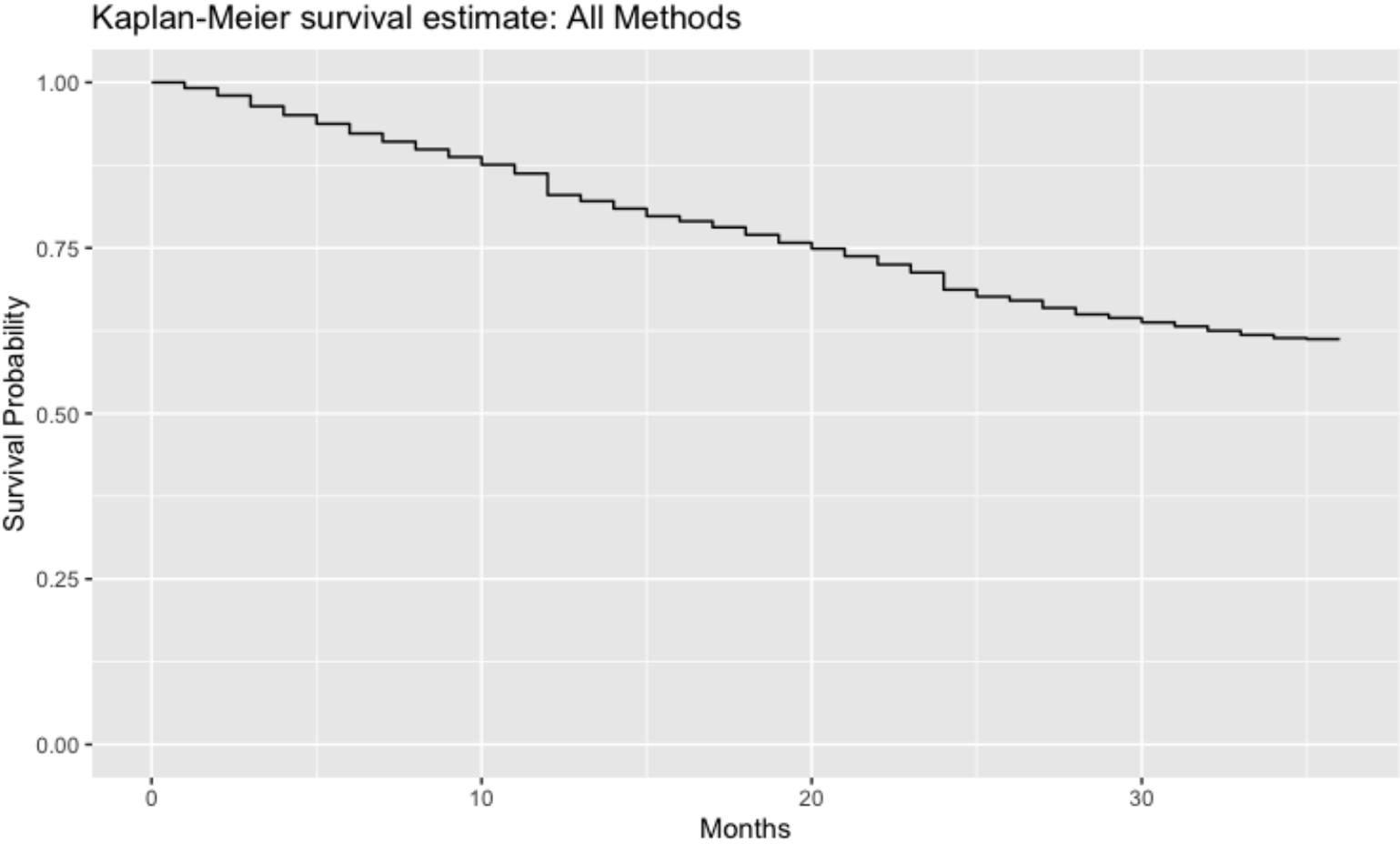
Reason reported in 1995	Reason reported in 1992						Total (Percent)
	Censored by interview	Contraceptive failure	Wanted to become pregnant	Side effects/health problems	Partner-related reasons	Other	
Censored by interview	411	3	4	21	10	7	456 (62.7)
Contraceptive failure	3	36	8	2	0	5	54 (7.4)
Wanted to become pregnant	9	10	62	11	4	8	104 (14.3)
Side effects/health problems	17	3	8	29	0	6	63 (8.7)
Partner-related reasons	6	0	3	2	17	1	29 (4.0)
Other	4	3	2	7	2	3	21 (3.9)
<b>Total (Percent)</b>	<b>450 (61.9)</b>	<b>55 (7.6)</b>	<b>87 (12.0)</b>	<b>72 (9.9)</b>	<b>33 (4.5)</b>	<b>30 (4.1)</b>	<b>727 (100.0)</b>

**Notes:** Full table: off-diagonal proportion = 29.8 percent; Kappa = .75. Partial table (excluding censored segments): off-diagonal proportion = 36.7 percent; Kappa = .51.

# How to re-format the string calendar data

# Today's Goal

Model "survival" for use of family planning methods



# PMA Calendar Data

- Reads right to left chronologically
- Comma-delimited
- Starts January 2017
  - Nigeria, Kenya
- Starts January 2018
  - DRC, Burkina Faso

# PMA Calendar Data

Person ID	Calendar variable
00000001	,,,,,,,,,,,,,8,7,7,7,7,7
00000002	,,,,,,,,,,,,,3,3,3,3,0,0,0,0,0,0,0,0,0,0,0,B,P,P,P,P,P,P,P,0,0,0
00000003	,,,,,,,,,,,,,0

# Codes

- B = Birth
- P = Pregnant
- T = Pregnancy ended
- 0 = No family planning method used
- 1 = Female Sterilization
- 2 = Male Sterilization
- 3 = Implant
- 4 = IUD
- 5 = Injectables
- 7 = Pill
- 8 = Emergency Contraception
- 9 = Male Condom
- 10 = Female Condom
- 11 = Diaphragm
- 12 = Foam / Jelly
- 13 = Standard Days / Cycle beads
- 14 = LAM
- 30 = Rhythm method
- 31 = Withdrawal
- 39 = Other traditional methods

# Parsing the String Data

## Stata

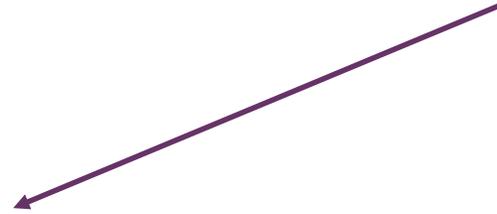
```
split calendarke,  
p(,) gen(cal_ke)
```

## R

```
dat %>%  
  separate(  
    col = CALENDARKE,  
    into = paste0("cal_ke", 36:1),  
    fill = "left"  
  )
```

# After Split/Separate

,,,,,,,,,3,3,3,3,0,0,0,0,0,0,0,0,0,0,B,P,P,P,P,P,P,P,0,0,0



cal_ke2 5	cal_ke2 6	cal_ke2 7	cal_ke2 8	cal_ke2 9	cal_ke3 0	cal_ke3 1	cal_ke3 2	cal_ke3 3	cal_ke3 4	cal_ke3 5	cal_ke3 6
B	P	P	P	P	P	P	P	P	0	0	0

# Changing Format

## Wide form

cal_ ke25	cal_ ke26	cal_ ke27	cal_ ke28	cal_ ke29	cal_ ke30	cal_ ke31	cal_ ke32	cal_ ke33	cal_ ke34	cal_ ke35	cal_ ke36
B	P	P	P	P	P	P	P	P	0	0	0



## Long form

cal_k e	Month
B	25
P	26
P	27
P	28
P	29
P	30
P	31
P	32
P	33
0	34
0	35
0	36

# Changing from Wide to Long

## Stata

```
reshape long cal_ke,  
i(personid) j(month)
```

## R

```
dat %>%  
  pivot_longer(  
    starts_with("cal_ke"),  
    names_pat = "cal_ke(.*)",  
    names_to = "MONTH",  
    values_to = "FP"  
  )
```

# Survival Analysis

- Statistical analysis of duration of time before an event (“fail”)
- Women using FP in month 1 ( $fp\_use == 1$ )
- Estimating time until stop ( $fp\_use == 0$ )

# Recoding Key Variables

## Stata

```
recode numcal_ke  
(0=0) (90/92=0)  
(else=1), gen(fp_use)
```

## R

```
dat %>%  
  mutate(  
    FP_USE = !FP %in% c(  
      "B", "P", "T", "0"  
    ),  
    MONTH = as.integer(MONTH)  
  )
```

# Survival Curve

## Stata

```
stset month,  
id(personid)  
failure(fp_use==0)  
  
sts graph
```

## R

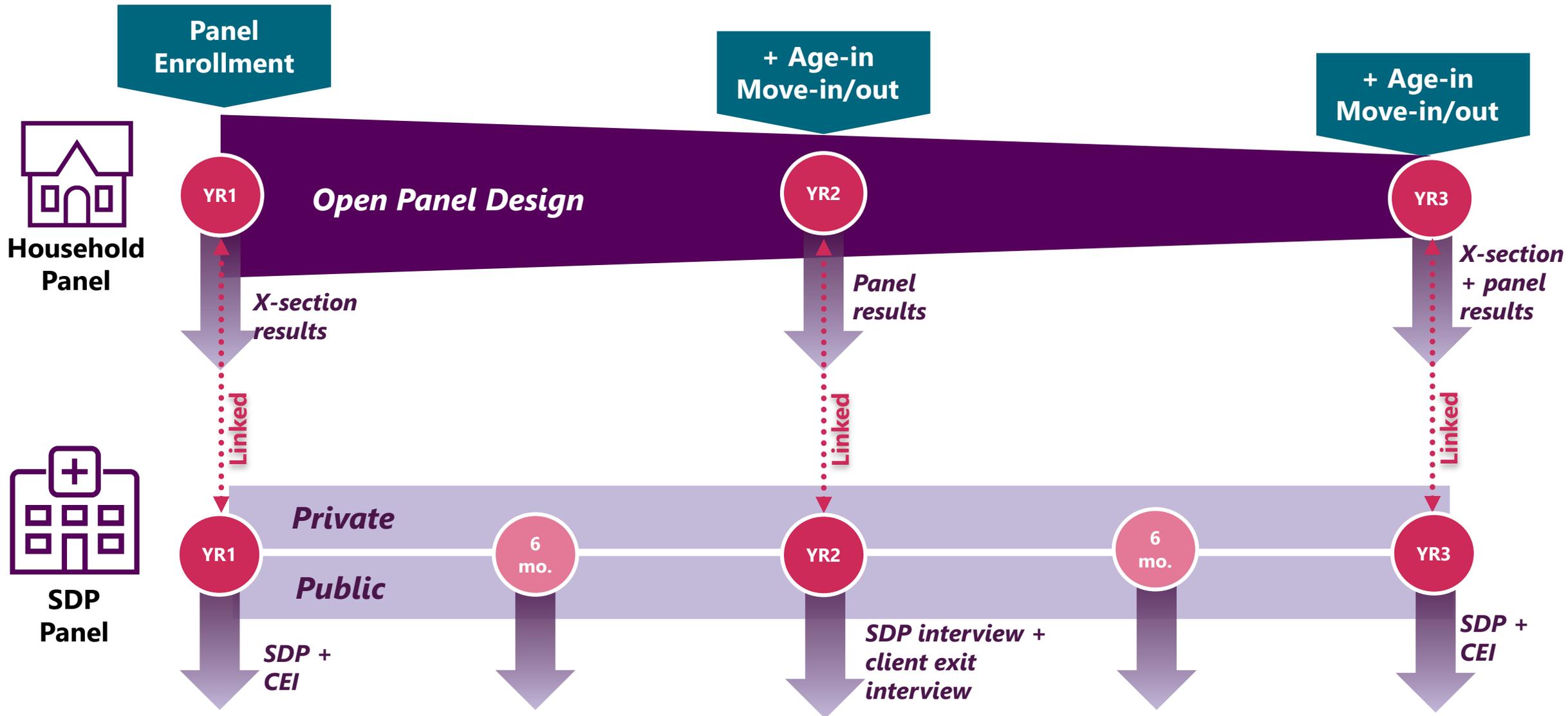
```
autoplot(dat)
```

# Questions?

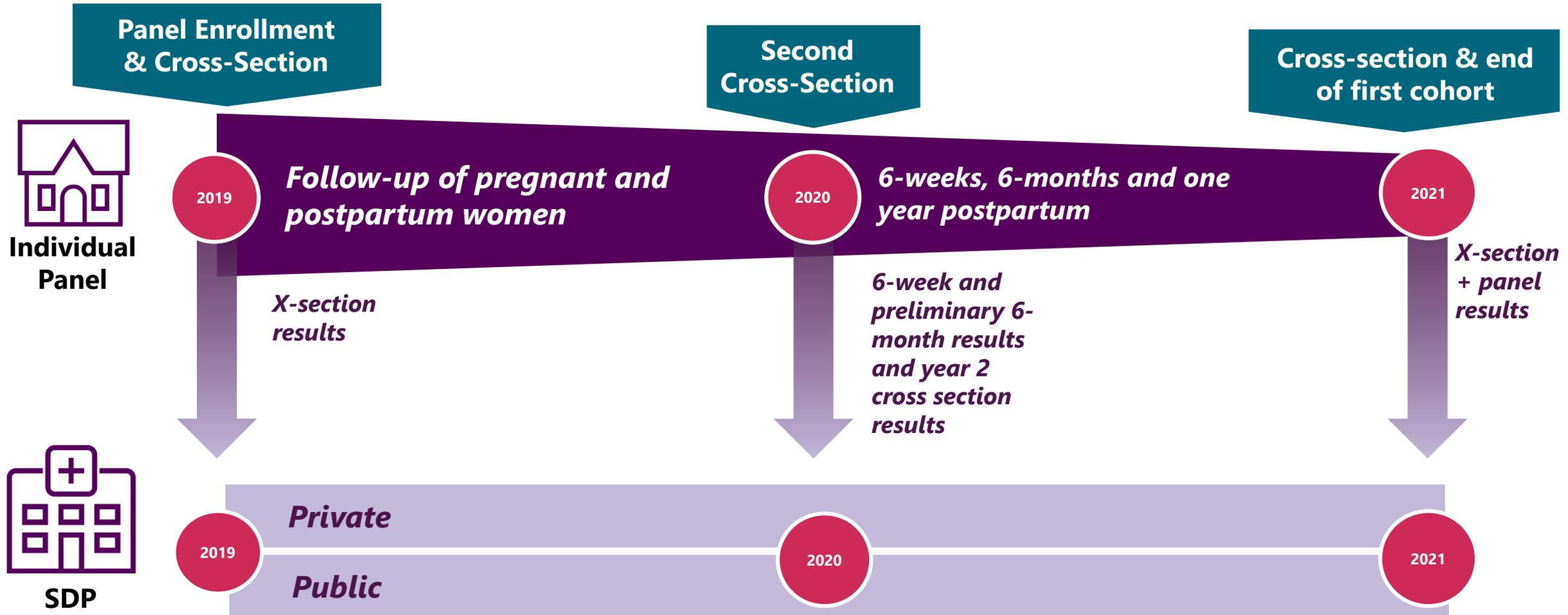


# Coming soon: Public access of PMA longitudinal data

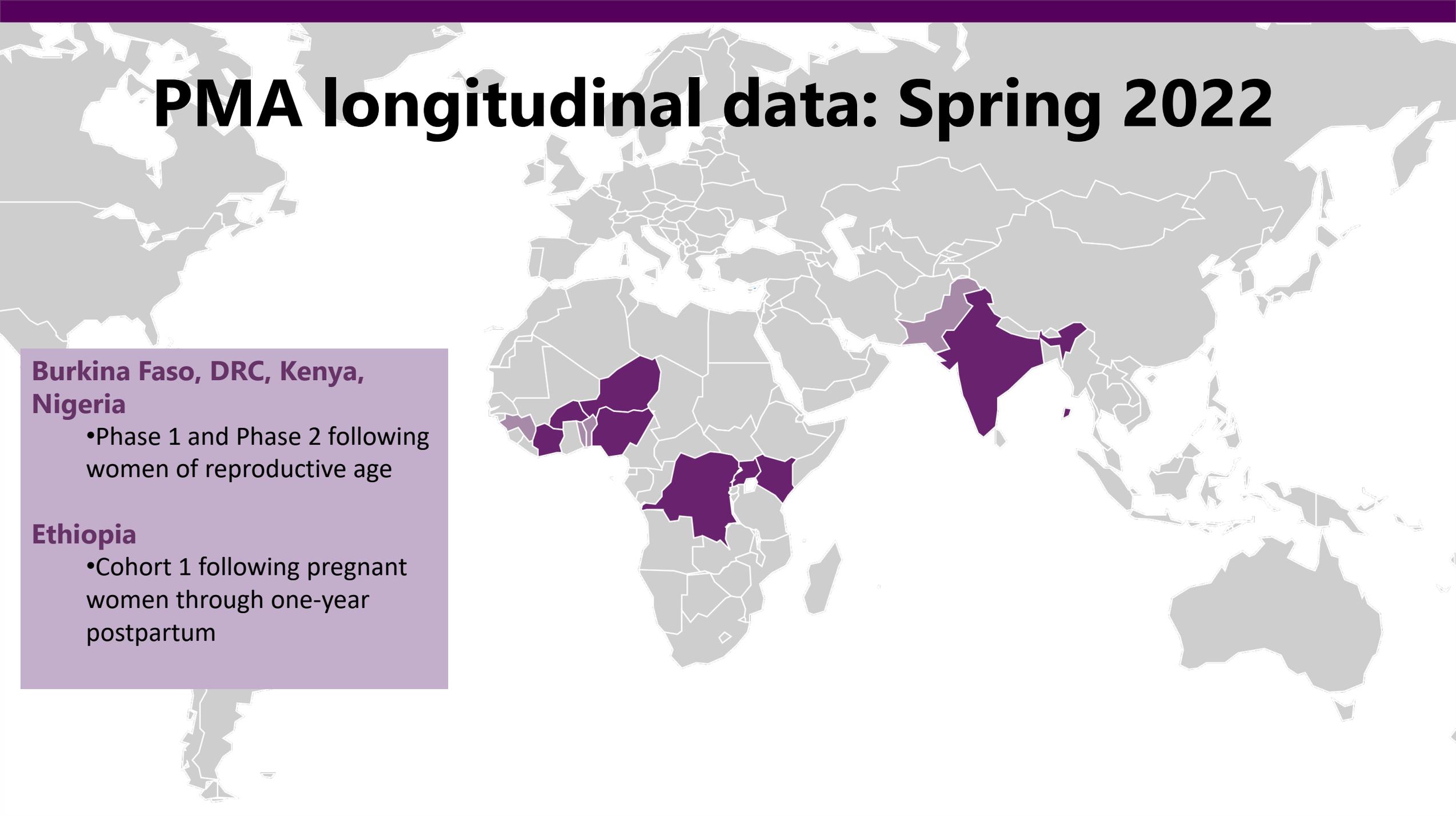
# PMA Panel Design



# PMA Ethiopia Panel Design



# PMA longitudinal data: Spring 2022



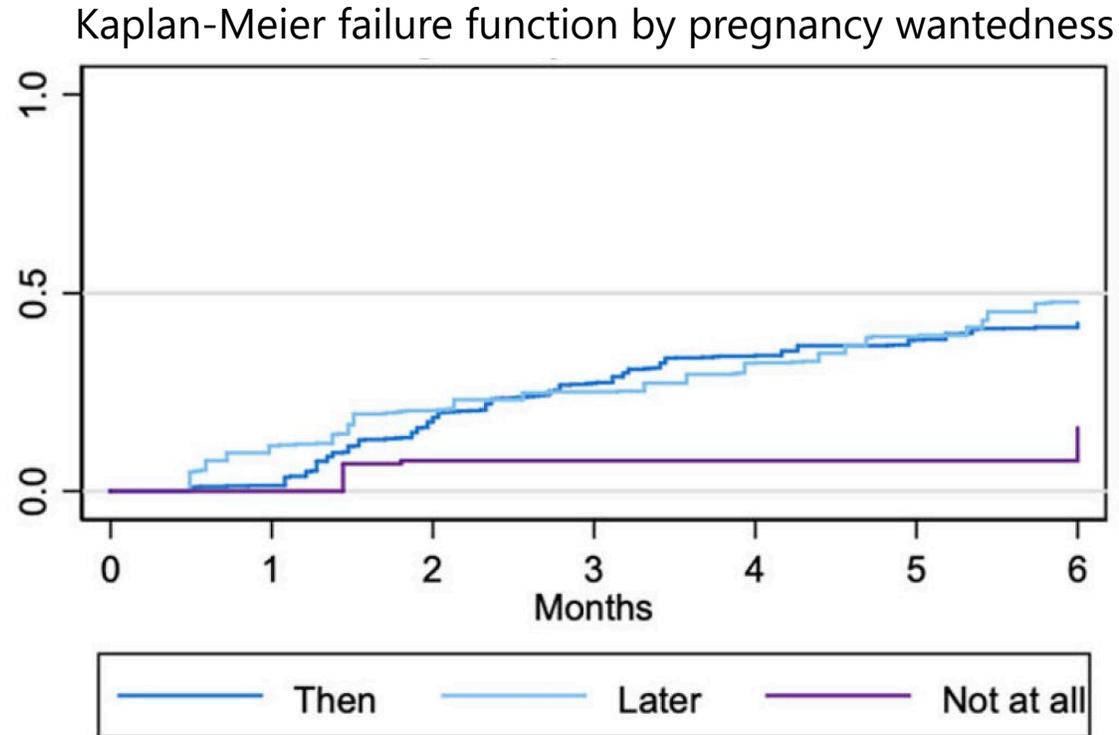
## **Burkina Faso, DRC, Kenya, Nigeria**

- Phase 1 and Phase 2 following women of reproductive age

## **Ethiopia**

- Cohort 1 following pregnant women through one-year postpartum

# PMA Ethiopia: Uptake of a contraceptive method over the six month postpartum period



Source: Zimmerman L, Yuanyuan Y, Yihdego M, Abrha S, Shiferaw S, Seme A, Ahmed S. Effect of integrating maternal health services and family planning services on postpartum family planning behavior in Ethiopia: results from a longitudinal survey. BMC Public Health (2019) 19, 1448. <https://doi.org/10.1186/s12889-019-7703-3>



**IPUMS**  
**PMA**

**PMA**  
PERFORMANCE MONITORING FOR ACTION

# Thank you!

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-  [@pm4action](https://twitter.com/pm4action)
-  [@pm4action](https://www.instagram.com/pm4action)

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Transforming futures.